

# COVID-19: MICANADA FALL COURSE PROTOCOLS

From now and for the foreseeable future, MICanada will adopt the following protocols on all their courses.

## **Prior to the Course:**

Course Registrants will be required to indicate their acceptance of the online waiver that stipulates that; they are aware of the health dangers associated with contracting COVID-19 and that regardless of the increased potential of contracting the disease in a large group setting, they voluntarily agree to attend the course, knowing the mandatory safety precautions being implemented by MICanada and indicating that they agree to follow those precautions, understanding if they do not they will not be permitted to complete the live course. The waiver will also release the hosting venue and cosponsor of any associated liability.

2 days before the course, course attendees will be asked to complete an online health questionnaire. The questionnaire will include questions on the attendee's current health condition, as well as questions about close contacts (work colleagues, family, friends, patients) that they have been in contact with recently, that may be exhibiting symptoms and whether they have travelled outside of Canada recently etc. Anyone not feeling well prior to the course will be asked not to attend and they will receive a full credit toward a future course.

Attendees will be required to bring their own refreshments in a cooler bag, along with their own utensils, and drinking vessel. Attendees will be asked not to share or borrow anything from anyone throughout the duration of the course.

Attendees will be asked to bring their own mask and be advised that they will be required to wear one throughout the course, with the exception of when they wish to eat or drink. Refreshments/beverages will not be consumed except during break periods.

Attendees will be asked to make sure their computers / tablets are fully charged as they will have limited access to charging stations. This requirement will help limit the number of people needing to use the charging stations throughout the course.

## **Live Course Protocols:**

### **General:**

All attendees must wear a mask at all time other than when eating or outside. If the venue has the capability and the weather allows, the instructor will try to make sure that there is fresh air is coming into the classroom. Access to fresh air will be very welcome to everyone wearing a mask.

### **Instructor:**

The instructor will wear a clear face shield when not assessing patients and remain at the front of the classroom at least 8 - 10ft from the attendees.

When assessing patients, the instructor will wear a face mask and clear face shield.

### **Arrival:**

Attendees will line up at least 6ft apart before entering the classroom/ clinic area one by one.

Temperature checks taken: Not required for most provinces. However, they may be required for courses held in the large centres of Ontario and Quebec.

**Seating:**

Each person will sit at the exact same seat daily. The seat will be a minimum of 6 feet apart from another person. Should anyone be infected, using the same seat daily, may help to limit the spread and should make it easier to contact trace.

**Bathrooms:**

Unless the bathroom is a big huge bathroom, attendees should enter the bathroom one at a time. Others waiting to use the facilities should line up 6ft apart outside the bathroom. Attendees should not remove masks while in the bathrooms. Attendees should use loose paper towels to dry their hands. Hand dryers should not be used. Leaving the bathroom, attendees leave the bathroom door open for the next person. This will lessen the amount of surface touching. A regular bathroom cleaning schedule will be discussed with the hosting venue.

**Breaks/ Lunch:**

Wearing masks is tiresome, therefore, the allocated lunch time will be reduced to allow for more “fresh air” breaks throughout the day.

To eat, each person will eat their break/ lunch items at their chair/desk, or outside if weather allows.

Depending on the venue used for the course, other options may also be possible. Once attendees have finished eating, they can spend the remainder of their time in the hallway or outside physically distancing (if weather allows) or at their own chair in the classroom.

**Practical Sessions:**

Practical session buddies will be assigned at the very beginning of the course. The practical session buddy will be the person on either side of the attendee when sitting. This keeps the same group of 3 (or 2) together throughout the course, which will hopefully help to prevent spread and limit the amount of contact tracing required, should someone be infected. Each group of practical buddies must use the exact same treatment table throughout the course. Each practical group is responsible for wiping down their own treatment table at the start and end of each day

**Hosting Venue Considerations:**

Hand sanitizer will be readily available in a number of strategically placed locations in the classroom and outside the bathrooms.

Attendee chairs will be placed at least 6 feet apart

Treatment tables being used for the course will be placed at least 6 feet apart

Sanitizer & disposable loose/individual paper towels in the bathrooms will be provided

Equipment sanitizer will be made available to wipe down treatment tables used for the practical sessions

Equipment charging areas that are spaced apart and that are set-up in such a way so that the least amount of touching will be provided.

If the weather and venue allows for it, windows will be opened to provide fresh air

The instructor will do a walk through with the course host on arrival to ensure the set-up is appropriate.

Attendee parking will be available at the course site or within short walk, to help reduce the number of people that need to use public transportation.